



**ZONTA**  
CLUB OF  
PARA DISTRICT  
AREA INC  
MEMBER OF ZONTA INTERNATIONAL  
EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY

Celebrating over  
40 Years of Service

Chartered 3 January 1978

ABN 57 454 752 150

# ZEAL

## October 2021

### Mission

Zonta International is a leading global service organisation of professionals empowering women worldwide through service and advocacy.

### Vision

Zonta International envisions a world in which women's rights are recognised as human rights and every woman is able to achieve her full potential.

In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men.

In such a world, no woman lives in fear of violence

### Theme

Empowering Women Through Service and Advocacy



1919 - 2019



## President's Report

### Dear Friends,

As ever adapting Zontians, we are planning to have a Quiz Afternoon on Sunday October 31. This will be held at the Northridge Scout Hall from 2pm. This will be a new location and time for us. It is a larger hall so Covid restrictions will be more easily accommodated. There is a flier later in the Zeal and we look forward to welcoming you for an afternoon of fun and brain teasing. Please invite friends and family to join us as we have not been able to have many fundraisers this year. To add additional value to this afternoon we are asking that you bring a new soft toy or

a blanket or shawl in good condition to donate towards packs of goodies put together for babies entering foster care.

Our District 23 Conference originally planned for Bendigo became a virtual conference via zoom. We were able to run a 3-day programme very close to what would have happened at Bendigo with guest speakers, a memorial service, a flag ceremony and candidate speeches. Voting by club delegates occurred online and ran very smoothly. There is more information about the conference later in the Zeal.

On Saturday 18 September I attended a workshop organised by the National Council of Women SA which focussed on homelessness and the growing cohort of women aged over 50 who now find themselves homeless. It was an interesting session with 6 speakers providing their perspective on the issue. There are no easy solutions but with the growing awareness there will hopefully be a greater focus on finding solutions.

We are planning library displays at The Parks Library at Angle Park and Tea Tree Gully and are finalising our sticker design and brochure outlining the origin of the 16 days of Activism. Our aim is that this period will promote increased knowledge of the importance of decreasing violence against women. We have been invited to work with Relationships Australia in Port Adelaide on a clothesline project and our preliminary discussion with them raised a number of possible connections.

Our Early Bird prize, the crocheted shawl was drawn at our September 7 meeting and the winner was ticket number 114, bought by Marina Dadd. The final draw will be at our December meeting on December 7, so you still have time to purchase tickets at \$5. Club members can supply you with tickets.

Yours in Zonta Fellowship,

*Pam Fletcher*



## Diary Dates & more

<b>2021</b>		
<b>October</b>	5	General Meeting - The Lodge Hotel, Main North Rd., Brahma Lodge. 6:00 PM
	16	Quilting Workshop - Please confirm attendance with Liz on 8251 1868 <b>NOTE - change of date</b>
	31	Quiz Afternoon - <b>DETAILS ON PAGE 4.</b>
<b>November</b>	2	General Meeting - Venue and time to be confirmed
	13	Quilting workshop - Please confirm attendance with Liz on 8251 1868
	19	Adelaide White Ribbon Breakfast
	25	UN's International Day for the Elimination of Men's Violence against Women
	25/11-10/12	<b>16 Days of Activism campaign</b>
<b>December</b>	7	General Meeting - Venue and time to be confirmed
	11	Quilting Workshop - Please confirm attendance with Liz on 8251 1868
<b>2022 June</b>	25-29	ZI 65th Convention - Congress Center, Hamburg, Germany

## Quilting Workshops



**All dates are for a Saturday,  
and the workshops run from  
1.00 pm – 5.00 pm.**

Please remember that our quilting workshops are a rare opportunity to spend time with fellow Zontians and Friends of the club in a relaxed atmosphere – and the resulting quilts will benefit those in our wider community who have special needs.

### PLEASE NOTE

Monthly General Meetings will be on the first Tuesday.  
Quilting Workshops will be on the second Saturday of each month at the home of Liz Bice.  
Dates and venues may change due to member availability and Covid-19 restrictions.

We are fundraising with  
 **Entertainment**

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MEMBERSHIP

**\$69<sup>99</sup>**

PLUS EXTRA  
MONTH  
**FREE\***

**GET  
UPGRADED TO  
MULTI CITY\***

**\$119<sup>99</sup>**

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\$50**

LIMITED TIME OFFER

**Zonta Club of Para District Area Inc.**

Order your membership online today!  
**[www.entbook.com.au/163j482](http://www.entbook.com.au/163j482)**

# Club News



As we reported last year we were successful with our grant application to White Ribbon Breakfast for our toiletries bags. We were successful in obtaining \$1000.

Toiletries bags are a collection of basic toiletries such as soap, flannel shampoo, conditioner, toothbrush, toothpaste, deodorant etc given to women who seek help from the Northern Adelaide Womens Safety Services. Often these women have left home with few if any possessions so these can provide a few essentials.

The grant allowed us to prepare an additional 50 bags this year and we are very grateful for the support from White Ribbon.



On August 17, Vice President Carmen Will and President Pam Fletcher delivered the 60 bags to Northern Adelaide Womens Safety Service. They were happily accepted and we know they will make a difference to the women who receive them.





# Rediscover the fun of a quiz



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## Attend our Quiz Afternoon Fundraiser

**2pm Sunday October 31<sup>st</sup> 2021**

**Northridge Para Vista Scout Hall  
Kentish Green, Warren Road, Para Vista**

**Join in tables of up to 10**

**Please bring your own refreshments - tea/coffee will be provided**

**Admission - \$15 per person**

**Bookings close October 27**

email [enquiries@zontaparadistrict.org.au](mailto:enquiries@zontaparadistrict.org.au)

phone Pam on 0455 866 408

*We are also suggesting that attendees might like to donate new toys or blankets and shawls in new or good condition to support the preparation of foster packs which are given to families who care for newborns.*

*This is the first time we will be collecting items for this good cause. Thank you for your assistance.*



# 2021 Major Raffle

\$5 each Drawn Tuesday 7 December 2021

**Early Bird Prize**

**Drawn 7 September 2021**

**1st  
Prize**



**2nd  
Prize**



**3rd Prize**



**5th  
Prize**

**6th Prize**



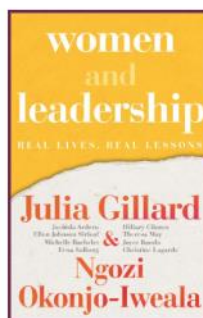
**4th Prize**



**8th Prize**



**7th Prize**



**9th Prize**

**10th Prize**



Email: [enquiries@zontaparadistrict.org.au](mailto:enquiries@zontaparadistrict.org.au)

Website: [www.zontaparadistrict.org.au](http://www.zontaparadistrict.org.au)



@zontaparadistrictarea



Pam Fletcher 0455 866 408

- |  |              |
|--|--------------|
| 1. Double bed Quilt made by Chris Houlson                          | <b>\$550</b> |
| 2. Bottle of Glenfiddich 15-year-old Single Malt whisky            | <b>\$125</b> |
| 3. Drinks and nibbles picnic table                                 | <b>\$110</b> |
| 4. Voucher for Drummond's Golf Store                               | <b>\$100</b> |
| 5. Large wooden cheese paddle                                      | <b>\$70</b>  |
| 6. Crocheted baby blanket  | <b>\$65</b>  |
| 7. Quilted Coverlet set cover                                      | <b>\$55</b>  |
| 8. Quilted bag with bubbles and nibbles                            | <b>\$50</b>  |
| 9. Signed copy of Julia Gillard's book <i>Women and Leadership</i> | <b>\$45</b>  |
| 10. Bone China Teacup and saucer                                   | <b>\$35</b>  |



# A FOCUS ON HOUSING

Exploring the growing problem of  
women at risk of homelessness

Saturday 18 Sept

9-12.30pm

St Aloysius College  
53 Wakefield Street

## Seminar

### About



With a rapidly growing number of women living in poverty and experiencing homelessness the National Council of Women SA are bringing together key thinkers and action-takers in this space to discuss practical solutions.

Homelessness is a complicated issue with a complex cohort. Those experiencing homelessness or housing insecurity can have experienced family violence, mental health issues, exhausted their savings, faced job insecurity and includes those unable to work.

We have an ageing population, a high cost of housing, and a significant gap in wealth accumulation between men and women across their lifetimes. Without innovative solutions this problem will continue to increase.

With varying circumstances and a whole range of differences in assets, income and capacity to work, a range of solutions is needed to assist women to achieve housing security and sustain it through retirement.

This requires engagement across sectors to develop practical solutions—from property, finance and business, through to governments, community housing and philanthropy.

In this seminar we will determine the breadth of the issue in South Australia while quickly zooming into the practical solutions we can implement now to champion change.

Please book online here at the following link.  
Tickets are \$15.

<https://www.trybooking.com/BTXZL>

### Speakers



- 8.45 - 9.00 Arrivals and registrations**
- 9.00 - 9.10 Welcome and Acknowledgement of Country**  
Fiona Dorman, President, NCWSA
- 9.10 - 9.35 What factors lead to women being more at risk of homelessness?**  
Dr Alice Clark, President, Shelter SA
- 9.35 - 10.00 Older women and homelessness**  
Jane Mussared, CEO, COTA SA
- 10.00 - 10.25 The problem of home insecurity for women and the solutions**  
Rohan Feegrade, CEO, Lutheran Care + Head of the new alliance for City and South
- 10.25 - 10.45 Morning tea**
- 10.45 - 11.05 Domestic violence as a cause for homelessness and practical solutions**  
Emma Siami, Board Member, UnitingSA
- 11.05 - 11.30 Financial implications of domestic violence - practical and innovative solutions**  
Sarah Brennan, FDV NILS Network Development Lead, Good Shepherd
- 11.30 - 12.00 Where corporate social responsibility and solutions to homelessness collide**  
Brendan Rinaldi, ANZ Head of Health - Corporate and Institutional Banking

**12.00 - 12.20 Discussion groups**

**12.20 - 12.30 Wrap up**



BOOK TODAY!

NCWSA.ORG.AU

## **Report by President Pam Fletcher**

On Saturday September 18th I attended the Homelessness workshop convened by the National Council of Women South Australia (NCWSA). Fiona Dorman, President of the NCWSA welcomed the participants and promised a variety of perspectives would be presented. There were 6 speakers from various groups and all acknowledged that women over 50 have become a disproportionate number of the homeless in SA.

Rohan Feegrade CEO of Lutheran Care nominated breakdown of marriage or relationships, low superannuation, increased costs of housing, increased costs of health services and domestic violence as factors causing these increased numbers. He said that that Lutheran Care was experiencing increased pressure on counselling, support services and housing. and suggested that the Federal Government should be taking the lead on dealing with homelessness. Lutheran Care are currently forming partnerships with corporate partners in an attempt to provide more housing.

Jane Mussared, CEO of COTA in SA said it is not possible to look at all older people as a 'job lot'. They are individuals with very different backgrounds and needs. However often older women who become homeless have generally worked hard, probably had a broken work life, now find it hard to find jobs and are often overlooked for promotion and employment. Many are often underemployed in comparison with men of similar ages. Women take on a disproportionate share of caring responsibilities within their own family as well as their parents.. this impacts on their Income, superannuation and home ownership. Females pushed into the private rental market face insecure tenure, limited access to community amenities and cannot afford market rents. More public housing is needed for women.

Dr Alice Clark, President of Shelter SA explained that her organisation is a registered charity and has no government funding and no housing. They play a role in research, advocacy and community engagement. She explained that anyone retiring with a mortgage is unlikely to be able to afford to pay it off and that Adelaide has the second worst Housing Affordability Index numbers. Public Housing has been provided by the government whereas Community Housing is provided by not for profits. Homeless numbers are increasing while public housing is reducing with about 20,000 on the waiting list. Even crisis accommodation is not available with about one third missing out. When people use the term affordable housing this is not what it is as often a deposit of \$40,000 or so is needed to qualify and many do not have access to this amount of money.

Her suggested solutions included increasing investment in social housing, using empty houses for cheap accommodation, a rental voucher scheme and encouraging residential owners to accept below market rents.

Emma Siami, Board Member of Uniting SA spoke of a vision of a comprehensive, respectful and just community in which all people participate and flourish. Uniting currently provide housing to about 1,000 people a year and can provide wrap around services. in particular their homelessness services provide support, advice, advocacy and housing and find that women over 50 are the fastest growing group in the homeless cohort.

Sarah Brennen, from Good Shepherd talked about their no interest loans for women affected by domestic and family violence. They can also help with counselling and crisis services. their no interest loans can be used to purchase essential items such as washing machines, car repairs, and school items and last year provided 26,500 loans which totalled \$28.9m. Loans can be spread over 18-24 months and can be paid weekly, fortnightly or monthly.

Brendan Rinaldi from ANZ also spoke about the problems of home ownership when housing prices are high and rising. He talked about lend lease communities where people may own property but not the land. This can work as it reduces the cost but also has some disadvantages.

Amethyst de Wilde spoke from personal experience about the realities of being homeless and how difficult it can be to adjust.

A stimulating morning with lots of information presented and ideas suggested. We all need to maintain pressure on governments to recognise the situation and take action.

## District Conference Report by President Pam Fletcher

Unfortunately we were denied the chance to travel to Bendigo and have a face to face conference but the organising committee worked tirelessly to provide much the same programme via zoom. For the most part ,it worked seamlessly and any hiccups were quickly resolved. In some states they gathered together to watch the conference while technology also allowed members the chance to link in from home.



District 23 Governor Sandra Burns oversaw the programme over the three days ably assisted by others at Mission Controls West and East. Sandra provided an overview of the history of District 23 finishing with the news that the Riverland club on November 7 had chartered a Z club.

Guest Speaker Sue Mills spoke about the role of women in the gold industry in Victoria starting with the little known fact that in 1852 , 2 women discovered gold.

Non Zontians were asked to leave before the AGM which included Candidate speeches for the leadership positions. All clubs had delegates representing them with no proxies. Each candidate spoke of their vision for our District and especially the clubs.

On Saturday, Jess Hill was our guest speaker. Jess is the author of 'See what you made me do' and has collaborated on series shown on the ABC which are available on iView. For the last 7 years Jess Hill has been researching domestic abuse and speaks convincingly and persuasively about the need to take action now.

She highlighted the problems of identifying coercive control but said that most domestic abuse is in fact coercive control. Even though some states are considering legislating against it, if it is criminalised it would need to be accompanied by a lot of police training to enable them to both recognise it and deal with it. Isolation is often the first stage and can be subtle initially. Women find most aspects of their daily life controlled, from who they see and what they wear to in some cases being tracked through their mobile phone or having intimate photos shared. Jess suggested that there seems to be a consistent pattern of abuse which is typically followed. Because this is not physical, victims and their family and friends often fail to see it.



Many women stay as they believe they can help their abuser. Women and even children start to focus on how they can keep the man 'happy' by following the rules as they believe escape is impossible and possibly even dangerous. Without support they are very vulnerable.

Jess named a number of programmes which have made a difference; Justice Reinvestment, Tribunal Court. In each case the focus was on prevention and analysing the cause of any situation after analysing the data. We were all thoroughly impressed again with the clarity of Jess's presentation and her grasp of the problem and possible solutions.

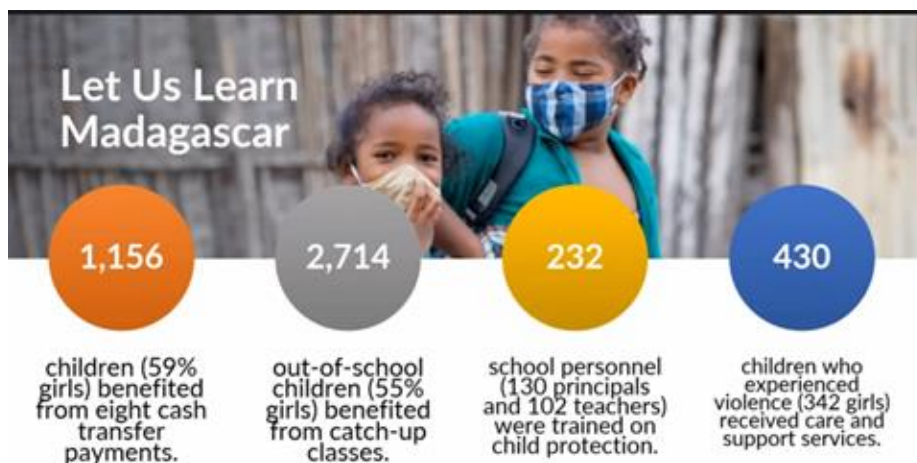


During breaks, information about ZI and our district was shared via screenshots.

## 2020-2022 FUNDRAISING GOAL

Fundraising Goal = US\$4,800,000

Fund	Agency Partner	Title	Proposed USD
International Service Projects	UNFPA	Delivering Survivor-Centered Response to Gender-Based Violence Survivors in Papua New Guinea and Timor-Leste	1,000,000
		Adolescent Girls' Health and Protection in Peru	1,000,000
	UNFPA	Let Us Learn Madagascar	500,000
		Global Programme to Ending Child Marriage	1,500,000
Educational Awards		Amelia Earhart Fellowships	700,000
		Jane M. Klausman Women in Business Scholarships (total funding disbursed: \$224,000)	Funding Available
		Young Women in Public Affairs Awards (total funding disbursed: \$196,000)	Funding Available
General		Rose Fund	100,000
		<b>Total</b>	<b>4,800,000</b>

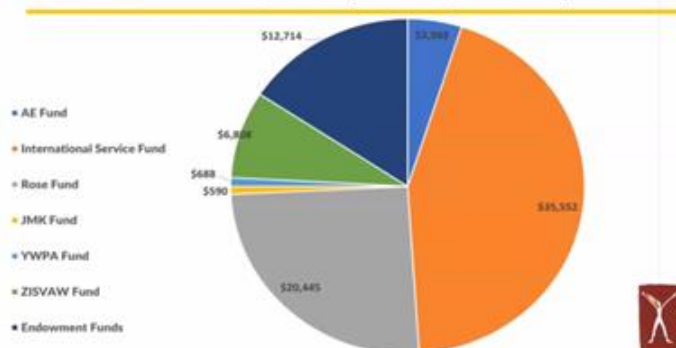


video: © UNICEF / UN03573614 / NALANITA

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### District 23 Donations to 31 Aug 2021 \$US80,785 \$AU109,631





## MENTAL HEALTH FIRST AID ACTION PLAN

- A**pproach the person, assess and assist with any crisis
- L**isten and communicate non-judgementally
- G**ive support and information
- E**ncourage the person to get appropriate professional help
- E**ncourage other supports

Individuals learn how to use the MHFA Action Plan via an accredited Mental Health First Aid training course.  
LEARN MORE AT [mhfa.com.au/courses](http://mhfa.com.au/courses)

Mental Health First Aid and ALGEE are registered trademarks of Mental Health First Aid International

Tamara Wilson spoke about the Programme **Mental Health First Aid** and shared her families experience. She recommends the course as helping participants learn how to have a conversation with those with mental health issues



### DELIVERY OPTIONS

- **12 hours Face to Face** (10 – 18 participants) (\$2,500 plus any travel expenses)
  - 2 x 6 hour sessions
  - 4 x 3 hour sessions
- **Blended Face to Face** (8 – 12 participants) (\$299 per participant plus travel expenses)
  - E-Learning (self paced component) 6-8 hours
  - 1 x 4 hour face to face session
- **Blended Online (Zoom)** (8-12 participants) (\$200 per participant)
  - E-Learning (self paced component) 6-8 hours
  - 2 x 2.5 hour zoom sessions

**Learning the First Peoples Journey** – Facilitated by Sharon Nelson-Kelly reminded participants that projects need to be useful and wanted and that asking what is needed is better than assuming you know. Sometimes something as simple as a scholarship can make an incredible difference.



### First Peoples Learning Journey – D23 Conference 2021

Thank you



Please continue to deepen your understanding and engagement with First Peoples and consider a local service project, award or scholarship, that will empower Indigenous women and girls



Sharon Nelson-Kelly

ANZSOG

**Gender Equality/Climate Action Panel** – Facilitated by Carole Theobald. Panellists included Natalie Isaacs from One Million Women, Ginny Tan from Sister Works and Claire Flanagan Smith



Global warming

Already at ~1°C rise.  
Need to keep well below 2°C rise.  
Time is running out.

### CLIMATE TIPPING POINTS



- 1 Amazon rainforest: Frequent droughts
- 2 Arctic sea ice: Massive losses
- 3 Atlantic circulation: A slowdown since 1950s
- 4 Boreal forest: Increase in fires
- 5 Coral reef: Mass die-offs
- 6 Greenland ice sheet: Ice loss accelerating
- 7 Permafrost: Melting
- 8 West Antarctic ice sheet: Ice loss accelerating
- 9 Wilkes Basin East Antarctica: Ice loss accelerating

Source: [The Sun](https://www.theguardian.com/environment/2019/sep/18/climate-tipping-points) based on research by T. M. Lenton et al in *Nature*



Claire Flanagan-Smith

Ginny Tan

Natalie Isaacs

Mission Control West: Carole Theobald





Natalie invited people to join One Million People and look to reduce overconsumption, household energy and food waste.

Gerry spoke about the value of working with others and suggested people should not be overwhelmed but join with others and do one thing which will make a difference.

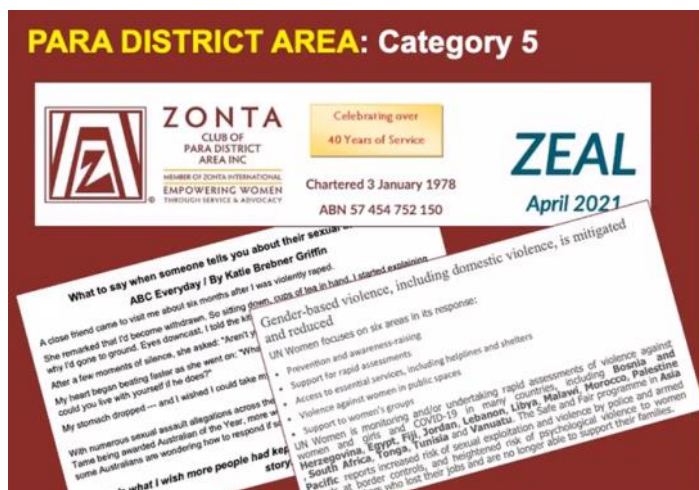


Zonta International and District 23 Young Women In Public Affairs Recipient **Eloise Amirtherajah** was articulate and demonstrated a strong social conscience. Her nomination highlighted her many activities within her local community and one project she spoke about was the green wardrobe which asked participants to donate clothing and this then allowed them to obtain clothing from others using vouchers given for their donation. It was not designed to make money but to encourage sharing and reduce wastage.

Sunday, the last day of the conference, provided an opportunity to remember Zontians who are no longer with us and to recognise those with many years of service. Our own Aileen Eldridge was recognised for her 40 years of service in two clubs, Para District Area and Riverland.



Within the Service and Advocacy awards, we had nominated one of our editions of the Zeal within the Newsletter category of the awards and against strong competition were not successful but we remain very proud of our work, especially our editor Alexa Little.





In the last panel session Lesley Sweetman spoke with Mary Crooks from the Victorian Womens Trust . Mary outlined her PAP screening acronym

**Purposeful**– what are you asking for? Have a clear aim

**Authentic**—you are what you are and are not all things to all people

**People Centred**– interested in the common good. Leave ego aside

**Strategic entry**– careful and strategic. Cannot do everything

**Clarity**– in own communication and in collaboration

**Reality**– own reality, be constructive. Need to understand the social reality

**Effectiveness** -striving for outcomes

**Energy**– do the hard yards. It is not easy

**Negotiate issues and outcomes** -May need to concede some ground but still have some non negotiables

**Integrity in bucketfuls** -Own integrity. Stand up for what you believe.

**Nouse**– trusting, intuitive understanding of this. May need to handball to someone better placed to deal with it.

**Guts** -courage of conviction. Keep on keeping on

Mary suggested that women consider the matters that count in the coming Federal election and ask candidates to pledge to be focussed on the issues that are important to women.

## Creating effective change >

OPINION	OWNERSHIP	PREPARED TO SEEK SOLUTIONS	PREPARED TO ACCEPT SOLUTIONS
Always in a context (individual/society)			
Context may be highly charged			
Voiced	People sense an identification and connection to the issue	People accept the need to act and find a way	
Valid	See themselves as part of the issue or problem	Search for ways	Even if it's someone else's idea
Legitimate	Accept the need to act and take responsibility For state of play	Weigh up options	Even if costs are involved
Often limited/narrow	Understand how they are implicated	Seek a way over or around difficulties and obstacles	Even if sacrifice is required
Not necessarily considered or drawing on fact or evidence	Ownership alone is not sufficient in contemplating change in behaviour	Multiple variables: Time, effort, money, resources, scale	Change is understood and accepted
Can remain untested and not challenged	Can lead to feeling powerless/overwhelmed/cynical	Fear of change is diminishing	Behaviour change is real and constructive
Might be totally off the mark ('loopy')		Prospect of behaviour change is growing	
Can remain unchanged			
'All core no responsibility'			
Fear of change			



evidence • trust • respect • honesty • accountability • transparency • work to people's best side • ethical integrity • stewardship • inclusion



Three Zontians were recognised for their hard work over many years and added to the Heidi Taylor Honour Roll, Judith Rothe from Zonta Club of Kyneton Club, Beverly Newberry from Zonta Club of Adelaide and Wendy Kirkby from the Zonta Club of Peel. The Zonta Club of Bunbury has been successful in their bid to host the District Conference in 2023.

Margaret Lynch announced the successful candidates and congratulated Kay Stewart as Governor Elect, Lieutenant Governor Debbie Schmidt, D23 Treasurer Chris Frick, Area 2 Director Lesley Hills-Seigloff and Vice Area 2 Director Belinda Wise. Below is a screenshot picture of our new Board with the exception of Belinda who was not able to join in.



Below are the elected members of our next D23 Nominating Committee - Di Hillman, Sandra Burns (Top row) and Erica Majba.



**Governor Sandra thanked the hardworking organising committee, the generous sponsors and Bendigo Club members, the speakers and all participants. Despite the required Covid changes we had a successful and enjoyable conference and all involved are to be congratulated for their flexibility and focus.**

## “Birthing Kit Drive”

Our Zontians have decided to have a Birthing Kit Drive. As the cost of assembling these kits has risen to \$5 a kit we have used our shopping centre displays to encourage people to donate towards one or more kits. When we have raised sufficient for the minimum 200 kits, we will contact those who have donated and are interested to our assembly day inviting them to participate. We think that this would be one way people could see a direct value in their donation and we could spread the word about birthing kits. It could be made as a donation or present to relatives and friends who really do not need gifts.

### *Birthing Kit donation form*



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**Birthing Kit  
Foundation**  
Australia

I want to help save a mother and child by providing the funds for a birthing kit to be assembled and sent overseas to those in need. Each kit costs \$5 to assemble, pack and send.

**Name:**

**Email:**

**Landline/Mobile number:**

I would like to donate \$\_\_\_\_\_

Please contact me when kits will be assembled as I may like to attend

Yes / No

Thank you for your donation of \$\_\_\_\_\_ toward the assembling of birthing kits.

We appreciate your support and if you have indicated interest, we will contact you when we organise the assembly day and you will be invited to participate

Please print, complete and return form with payment to:

PO Box 715

Salisbury SA 5108

### **Donations can also be made as a Direct Deposit**

Account Name: Zonta Club of Para District Area Inc.

BSB: 105056

Account Number: 237631040

Please send notification of your donation to [Treasurer@zontaparadistrict.org.au](mailto:Treasurer@zontaparadistrict.org.au)



@Zontaparadistrictarea

[www.zontaparadistrict.org.au](http://www.zontaparadistrict.org.au)



[enquiries@zontaparadistrict.org.au](mailto:enquiries@zontaparadistrict.org.au)

or contact **Pam Fletcher** 0455 866 408

[pamelajune6@bigpond.com](mailto:pamelajune6@bigpond.com)



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# OBJECTS OF ZONTA INTERNATIONAL

- To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.
  - To work for the advancement of understanding, goodwill and peace through a world fellowship of members.
  - To promote justice and universal respect for human rights and fundamental freedoms.
  - To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations and the world.
- 

## ZONTA THANKS

Wherever your country of birth, whatever your faith or creed, give thanks for the meal we share tonight in Zonta fellowship. But remember too those who have had no food today; not with guilt that we have so much, but with hope that through Zonta service and advocacy, they too may come to share the same in peace and harmony.

*Tricia Summerfield, Zonta Club of Perth*

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### MEETING DAYS/NIGHTS (each month) South Australian Clubs

Adelaide	1st Wednesday	Adelaide Flinders	3rd Wednesday
Adelaide Hills	4th Wednesday	Adelaide Torrens	2nd Tuesday
Fleurieu Peninsula	4th Tuesday	Gawler	2nd Wednesday
Noarlunga Southern Vales	4th Wednesday	Mt Barker	3rd Tuesday
Port Lincoln	4th Tuesday	Riverland	1st Tuesday
Lower Eyre		3rd Tuesday	

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*Meetings usually held first Tuesday of each month  
from February to December*

Alternate format/venue is being used until  
further notice due to Covid-19 restrictions.  
Please contact President Pam for  
information regarding meetings.

President: Pam Fletcher—0455 866 408

Correspondence Secretary: Alexa Little—08 8250 3753

secretary@zontaparadistrict.org.au

Email: enquiries@zontaparadistrict.org.au

Posted Mail: PO Box 715, Salisbury, SA 5108

**Website: [www.zontaparadistrict.org.au](http://www.zontaparadistrict.org.au) Email: [enquiries@zontaparadistrict.org.au](mailto:enquiries@zontaparadistrict.org.au)**



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